

Yes We Can Youth Clinics

GAME OVER – WHEN GAMING BECOMES A PROBLEM

Speakers:

- **Rudi Voet** – Senior Family Counsellor
- **Victor van Rossum** – Former Fellow
- **Piet Jansen - Director International Relations**

During a 60 minute compelling presentation, Yes We Can Senior Family Counsellor Rudi Voet and ex-gamer Victor van Rossum will share their expertise. Attendees will hear from first-hand experience what it is like living with gaming addiction and depression and how it manifests itself within the family setting. Over the past few years, Yes We Can Youth Clinics has seen a dramatic rise in young people suffering from gaming disorders.

- Attendees will be advised on best practice in supporting families affected by gaming addiction and other issues coming along with gaming addiction like depression, bullying and anxiety.
- Attendees will hear from a Senior Family Counsellor how Yes We Can Youth Clinics helps young people to become responsible human beings coexisting with technology without being ruled by it.
- The presentation helps professionals in the educational field, but also parents and carers to explore and identify key anchors towards the start of meaningful conversations and offers guidance on how to develop early intervention dialogues within the family setting.
- One will leave with a better understanding as to why gaming and depression are such an infiltrators in the lives of some young people.

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RUDI VOET
Senior Family Counsellor

Rudi Voet, 50 years old, was born and raised in Antwerp, Belgium. He worked his entire professional career in the field of social work with young people, parents, people living in poverty, homeless people and in psychiatry. In 2011, he started working at Yes We Can Clinics, a treatment centre for teenagers and young adults suffering from mental health issues, addictions and behavioural problems. For the past years, Rudi has been working as a family counsellor for the international branch of Yes We Can Clinics. In this role, he helps the parents/carers of the clients (fellows) uncover family patterns in order to support the child's newly acquired behaviour and he helps to restore and balance family relations.



VICTOR VAN ROSSUM
Former Fellow

Victor van Rossum, 24 years old, developed a serious gaming addiction at the age of 12. He spent his days playing videogames for the next seven years, until he was treated at Yes We Can Clinics in 2015. Since then, his life drastically changed. He hasn't gamed since, has successfully finished his education and is now working as a supervisor in a residential setting for teenagers and young adults suffering from developmental disabilities. He is also a dedicated advocate of spreading awareness about gaming addiction. He shares his experiences by giving lectures, presentations and sharing his life story to break the stigma and help others in similar circumstances.

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PIET JANSEN

Director International
Relations

Piet Jansen is the Director of International Relations at Yes We Can Youth Clinics. As a Keynote speaker at many events, he enjoys grasping the attention of any audience, addressing universal issues that often resonate long after the event has passed. Of Dutch origin, yet a true internationalist having studied International Affairs and having lived in Salamanca, London and Bordeaux, he now travels the world on behalf of Yes We Can to build a network of like-minded professionals to help as many families in need as possible. His mission is to create a world-leading environment where every young person can feel safe and be given a reason to change. "Young people getting their lives back on track motivates me to carry this message around the globe. Seeing hope and joy return in the lives of others is my *raison d'être*. There is nothing more powerful than seeing these apparently broken flowers reach for the sun and stand straight again in all their beauty."